Year 1 Medium Term PSHE Planne	ſ
Celebrating difference - Autumn 2	

Half-term overview: In this Puzzle (unit) the class talk about the similarities and differences between people and that these make us unique and special. The children learn what bullying is and what it isn't. They talk about how it might feel to be bullied and when and who to ask for help. The children talk about friendship, how to make friends and that it is OK to have differences from their friends. The children also talk about being nice to and looking after other children you might be being bullied.

Key Vocabulary: Similarity, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Included, Bully, Bullied, Celebrations, Special, Unique.

Enquiry Question 1: How are you similar to the children in your class?

Enquiry Question 2: How am I different to the other children in my class?

Enquiry Question 3: What is bullying?

Enquiry Question 4: What do I do if I feel like I am being bullied and how can I help those who are being bullied?

Key Knowledge:

Know that people have differences and similarities.

Who is your partner similar to you? How does it feel to have similarities with people in your class? Think about your friends, how are you similar to them? Can you draw on your t-shirt 3 ways you are similar to your partner?

Social and Emotional Skills:

Recognise ways in which they are the same as their friends and ways they are different. Understand that everyone's differences make them special and unique.

British Values

- Individual liberty
- Mutual respect
- Tolerance

Key Knowledge:

Know that people are unique and that it is OK to be different. Know that people have differences and similarities.

How are you different from your friends? Is it ok for you to be different from your friends? Can you draw on your shorts 3 ways you are different to your partner?

Social and Emotional Skills:

Recognise ways in which they are the same as their friends and ways they are different.

Understand that everyone's differences make them special and unique.

British Values:

- Individual liberty
- Mutual respect
- Tolerance

Key Knowledge:

Know what bullying means. Know who to tell if they or someone else is being bullied or is feeling unhappy.

Look at the two pictures- Who is the bully? Why do you think this? What is bullying behaviour? What is a bully? What is bullying? Can you add an anti-bullying slogan to your hat?

Social and Emotional Skills:

Identify what is bullying and what isn't.

Understand how being bullied might feel.

Know ways to help a person who is being bullied.

British Values:

Mutual respect

Tolerance

Key Knowledge:

Know where to get help if being bullied. Know the difference between a one-off incident and bullying.

(See notes) How does it feel to be part of a group? How does it feel to be left out? How can we help someone in the playground if they don't have anyone to play with? (Use Jack as a hook- Tell them that he is upset) Why is Jack upset? How might he be feeling? What should Jack do if he is upset? How would you help Jack if he was your friend?

Social and Emotional Skills:

Explain how being bullied can make someone

Can choose to be kind to someone who is being bullied.

Know how to stand up for themselves when they need to.

British Values:

- Democracy
- Rule of law
- Individual liberty

Enquiry Question 5: How can I make friends?

Key Knowledge:

Know that friends can be different and still be friends.

Know it is good to be yourself.

How do we treat our friends? What qualities and behaviours make a good friend? What could you offer a new friend? Is it good to make new friends?

Social and Emotional Skills:

Recognise ways in which they are the same as their friends and ways they are different. Understand that everyone's differences make them special and unique.

British Values:

- Mutual respect
- Tolerance

Oracy Reflection Lesson:

- Do all boys have to be the same, and all girls have to be the same?
- Are stereotypes fair?

What is bullving?

- Can a person be friends with someone who is different from them?
- Can we choose how we treat other people?
- Can being different be used as a reason for bullying? How do you feel about that?
- If you were worried about bullying what could you do?

Notes:

Prior to this Piece: You will need to have prepared a gingerbread person for each child. These will be introduced to the children in Piece 1, then stuck side by side, hands touching as a class display. Each Piece will see the children adding an item of clothing to their own gingerbread person. Clothing needed: t-shirt, shorts. (see resources).

Lesson 3 - Show the children the two pictures and ask which one is the bully. (See resources)
Draw out that it's not what a person looks like but about how they behave that makes someone a bully.
Lesson 4- Play Huggy Bears Game: Children move around the space and when the teacher calls "Huggy bears - threes", the children run and hug each other in a group of three. Repeat this with other numbers. This game will then lead into the lesson.

Lesson 5- Share story about Jigsaw Jack (see resources). Children could make a friendship token and draw/write on it one thing they could offer a new friend. (See resources).

Prior learning: Children have been taught to understand their own thoughts and feelings and respect those of others may be different from their own.