

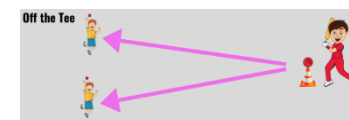
Clapgate Primary School
Curriculum weekly plan - PE

Theme: Bat and Ball games

Class: Year 1

Term: Summer 2

Previous Learning	LO	Learning Activities and differentiation	Resources
<p>Children have spent last half term learning the skills involved in bat and ball/ striking and fielding games. This has included throwing, catching and beginning to strike a ball.</p> <p>This unit will focus on ch. Putting these skills into game situations and refining skills such as batting and fielding</p>	<p>What- to use our throwing, catching and striking skills to carry precious jewels</p> <p>Why- to get the jewels to the Queen!</p>	<p><u>Exploration</u>- individually children will come in and select a piece of equipment. Let them explore and see how they can make that piece of equipment move</p> <p>Items- shuttle cocks, tennis balls, beanbags, footballs, assorted plastic balls, netballs. There are a range of jewels- how can you make them travel to your partner.</p> <p><u>Intro</u>- what ways did you make your item move? What was your favourite piece of equipment? Why? Explain that today we are going to be jewellers and trying to get precious, valuable jewels to the Queen</p> <p><u>Warm-up - Cleaning the jewels-Throwing & Catching Competition</u>- Children work with a partner. Place gates (2 cones) around the area. Each pair start opposite each other at a gate and throw the ball through it to each other. They then move to another gate.</p> <p>Extension: Make into competition e.g. how many gates in 60secs.</p> <p>Tell ch that we are needing to clean the jewels first, each time the "jewels" (ball) pass through the "machine" (2 cones to make a gate) this cleans the jewels.</p> <p><u>Shaping the jewels- off the tee</u>- Explain that each time they strike the ball, it helps shape the jewel to make it more valuable. Taking it in turns children will have 5 attempts to strike the ball off the top of the cone. Fielders will take it in turns to collect the ball and return to batter. Swap positions.</p> <p><u>Plenary</u>- what have you enjoyed this lesson? What did we have to do as jewellers? How did we clean the jewels? Shape them? Deliver them? Share that The Queen is very pleased with the jewels and that they have done a very good job. Award and celebrate stars of the day.</p>	<p>Cones, shuttle cocks, tennis balls, beanbags, footballs, assorted plastic balls, netballs, bibs, orange tennis ball, tennis rackets, large pointed cones (to be tees)</p>



What- to be able to move and shape stones

Why- so you can build your caveman house!

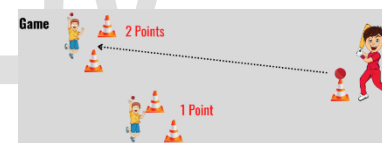
Intro- review what we did in our adventure last week- how did we get the jewel cleaned? How did we get the jewels to the queen? Explain that today we are going to be cavepeople who were the first people to live on earth. They had to build their own houses and we are going to do the same. Our challenge is to get the stones where they need to be and to shape them ready to build our houses

Warm up- practising moving the stones- in pairs children to practise throwing and catching to one another using the underarm throw. Emphasis on direct passes and making sure the person throwing to is ready.

Teaching points- throwing- ball in 1 hand to throw, feet shoulder distance apart, pendulum swing back, release ball when it is pointing towards the target, step non-throwing foot forward as swing arm forward
Catching- two hands cupped together with little fingers touching, move hands to ball if needed, bring hands and ball into body to keep ball safe

Off the tee- transporting the stones- Children to strike the ball off the top of the cone. If the ball is hit through the close target is worth one point, the far is worth 2. 5 goes each then swap. Fielders return the ball.

Teaching points- For a right-hander the left hand should be at the top of the handle - vice versa for a left hander. Form a "V" by pointing your thumb and forefinger down. The top hand rests comfortably on the inside of the front thigh (left thigh for a right hander). Side ways body position, knees slightly bent.



Racket practise- shaping the stones- Children work in pairs and both have a tennis racket. Standing opposite each other about 5m apart, they aim to develop consistency and accuracy when striking the ball along the floor between each other. Initially children are allowed to stop the ball to control it, before striking it back. As they become more confident allow children to strike the ball back first time.

Teaching points- Move in line with the ball. Side on, knees bent. Eyes on ball. Swing bat/racket back. Contact ball just in front of body. Head over the ball when striking it.

Extension- Add a bounce to the ball to allow children to develop accuracy and control when the ball is in the air. Add targets for children to aim for- give extra points if they are able to get the ball through them.

HA- targets to aim for. LA- continue rolling on floor to practise accuracy, use larger ball

Tennis rackets, orange tennis balls, green tennis balls, pointy cones for tees, cones

		<p>Plenary- review how we have done. What have you done well today? What would you like to try next? Feedback on their success of moving their stones to build their house and shaping them. Award and celebrate stars of the day</p>	
<p>What- to hit, catch, collect and throw ingredients</p> <p>Why- to prepare our meal ready to impress the head chef!</p>		<p><u>Intro-</u> Share with the children that today they are being chefs who are trying to impress the head chef! They will have to follow the head chefs instructions, get out ingredients and get the ingredients into the cooking pot ready to serve all the customers!</p> <p><u>Warm-up - Head Chef Says-</u> Children move around inside the marked area. When the teacher says "Teacher Says" followed by an action, the children complete the action. If the teacher just says an action they don't do it!</p> <p>Extension: Make into competition e.g. they lose a life if they get it wrong.</p> <p><u>Pass the ingredients-</u> children split into 4 teams. Stood in a line side by side and spread out. Mixture of ingredients (beanbags, tennis balls & soft balls) in each teams' delivery box (hoop). They have to get the ingredients down the line onto the chopping board by throwing the ball underarm. Once it reaches the last person in the line they must throw the ball onto the chopping board (hoop on the floor- can soften landing if on a hard floor by putting bibs inside the hoop). Once the last person has thrown it in, last person runs to the front of the line to throw the next ingredient down the line while all team members move down one space. Repeat until all ingredients gone and onto "chopping board". First team to finish, wins!</p> <p>HA- increase distance throwing/ catching the item</p> <p><u>Ingredients in the pot-</u> tell the children the ingredients are now all cooked and they need to now get them into the cooking pot. Children stay in their 4 groups. Set up 2 rounders pitches with a batting and bowling team on each pitch. Teacher to be the bowler.</p> <p>Fielding team spread out in the area- don't worry about fielders at bases.</p> <p>Batting team to come up one at a time and try hit the ingredients (ball) from the teachers' bowl. Give children 2 attempts. Batters run around the 4 posts as quickly as they can.</p> <p>Fielders must try pick up the ball and throw it to the bowler (get the ingredients into the cooking pot). Once ball is returned to bowler, batter must stop at the post they are running towards. If get to 2nd post- 1 ingredient in the pot (1 point) if get all the way round 4 posts-2 ingredients in the pot (2 points). Repeat until all batters have had a turn and swap over</p>	<p>Tennis rackets, tennis balls, orange tennis balls, pointy cones, rounders posts and bases, cones, bibs, hoops, beanbag, sponge small balls</p>

	<p>HA- directional hitting into space LA- go closer when bowling. Hit the ball from a tee</p> <p><u>Plenary-</u> Feedback and share how they did as chefs. What did you enjoy? What do you think you did well? Share and celebrate stars of the day</p>	
<p>What- to use our sending and hitting skills to gather food</p> <p>Why- so we can fill the nest up with food!</p>	<p><u>Intro-</u> review what skills we have looked at so far. How can we get the ball to each other? How do we hit the ball? Explain that today we are going to be ants collecting food and getting it to our home. We have to work together to do this!</p> <p><u>Warm up- take cover-</u> share with children that they are now ants travelling around hunting for food. When the whistle goes, that means a bird is coming who wants to eat them! They must listen for the warning and crouch down when they hear the sound. Ants to move around in different ways in the set area</p> <p><u>Food pass-</u> in pairs moving around the set area. Cones spread out in the area with balls and beanbags on top. When the whistle goes, in their pairs they must find a cone with a beanbag/ ball on and do as many successful throws and catches before the next whistle goes. Each throw and catch counts as gathering a piece of food. Accumulate as many pieces of food as they can. When the whistle goes to stop, ants put the food down on top of the cone.</p> <p>HA-use a ball every time, set target number of throws and catches for them to achieve. LA- beanbag and stand closer to partners to pass</p> <p><u>Food to the nest- Rounders game-</u> Set up 2 rounders pitches with a batting and bowling team on each pitch. Teacher to be the bowler. Fielding team spread out in the area- don't worry about fielders at bases. Batting team to come up one at a time and try hit the ingredients (ball) from the teachers' bowl. Give children 2 attempts. Batters run around the 4 posts as quickly as they can. Fielders must try pick up the ball and throw it to the bowler (get the food into the nest). Once ball is returned to bowler, batter must stop at the post they are running towards. If get to 2nd post- 1 food in</p>	<p>Tennis rackets x4, rounders posts and bases, triangular cones, tennis balls, beanbags, cones</p>

the nest (1 point) if get all the way round 4 posts-2 pieces of food in the pot (2 points). Repeat until all batters have had a turn and swap over

HA- directional batting, distance of hitting the ball, feed faster. LA- go closer when bowling to them, give more attempts to hit the ball

Extension- if ready have children on posts that fielders can get the ball to to try and get batters out. Must be the post that the batter is running towards that batters stump with the ball

Plenary= feedback about their success of getting food into the nest. What do you think you did well? What would you like to get better at? Which ants did you spot working hard? Award and celebrate stars of the day

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What-I can use my throwing, catching and hitting skills

Why-to join in in birthday party games and help serve the cake!

Intro- review what we have done so far- how have we made balls travel? How do we stand when striking a ball? Why sideways? Why throw with 1 hand? Why catch with 2? Explain that today we are going to increase the number of rules and things you are allowed to do in our game at the end of our adventure. Share that today the children are going to a birthday party!

Warm up-musical statues- when the music is playing children move around in a range of ways. When the music stops, they must freeze still. Have a few practises then start getting children out once feel everyone has had a sufficient warm up

Pass the parcel- split up into 4 groups who are each stood in a circle with a team member in the middle of the circle with a ball. When the music is playing, the feeder in the middle passes the ball to a child in the circle who throws it back. This repeats until each child has had a turn then swap feeders in the middle.

When the music stops, whichever child stood in the circle has the ball must run around the edge of the circle and back to their space as quickly as possible, trying to beat the other teams. Points awarded for being the quickest team.

Music, speaker, Tennis rackets x4, rounders posts and bases, triangular cones, tennis balls, beanbags, cones

Teaching points- throwing-one handed underarm throw, pendulum swing once back, point hands where want the ball to go. Catching-watch the ball, catch 2 hands, bring ball into body

Slicing up the cake-Rounders game- Explain that each time the ball is hit, that is a slice being cut and the fielders must serve the cake onto the plates (bowlers square or posts..

Set up 2 rounders pitches with a batting and bowling team on each pitch. Teacher to be the bowler. Fielding team spread out in the area with fielders at bases. Batting team to come up one at a time and try hit the ball from the teachers' bowl. Give children 3 attempts if needed. Batters run around the posts as quickly as they can but must stop when either the bowler gets the ball in their square or the ball gets to the post they are running towards.

Fielders must try pick up the ball and throw it to the bowler or they can now throw it to the fielder stood at the post that the batters are running towards

If get to 2nd post- 1 slice of cake cut and served (1 point) if get all the way round 4 posts-2 pieces of cake cut and served (2 points). Repeat until all batters have had a turn and swap over

HA- directional batting, distance of hitting the ball, feed faster. LA- go closer when bowling to them, give more attempts to hit the ball

Plenary- what have you done well today? What would you like to work on next? What has been your favourite thing? Child shoutouts. Provide feedback on how many pieces of cake was cut and what a successful birthday party it was! Award and celebrate stars of the day