

Dance

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
I can copy and explore basic body patterns and movements	I can perform with control and co-ordination	I can improvise freely on my own and with a partner	I can demonstrate precision, control and fluency in response to stimuli	I can perform and create dances in a variety of styles	I can create and develop a dance with my peers including performance effects
I can remember simple dance steps and perform in a controlled manner	I can respond with imagination to different stimuli	I can translate ideas from a variety of stimuli into movement	I can vary dynamics and develop actions with a partner or as part of a group	I can select and use a wide range of dance skills to demonstrate ideas	I can review, analyse and change a dance to develop it
I can choose actions and link them with sounds and music	I can vary height, speed and direction in dances	I can compare, develop and adapt movements to create longer dances. I can use dance vocabulary to compare and improve my work	I demonstrate rhythm and spatial awareness. I can add in different dance effects such as height, speed, formation and direction of moves	I can suggest ways to improve performances showing sound knowledge and understanding	I can teach parts of dances to others and can coach my peers
I can describe my performance and take part in teacher led warm ups	I can describe and compare my own and others' performances with simple vocabulary	I can use dance vocabulary to compare and improve my work	I can modify my performance and that of others following observations	I can analyse my own and others' performances accurately	I can evaluate my own performance and fine tune this to develop it further



Knowledge



Spark



Humanity



Grit



Team